

Character Bio Template Workbook

For the most life-like, fleshed-out characters possible, you'll want to consider a range of information about each character, their background, their motives, and more. Before you begin working through our template, though, decide what purpose your character needs to serve within the story and plot. Once you know why they need to exist, you can begin filling in the extra details below with greater clarity.

Your character's role

What is their relationship to the protagonist ?	
Are they a static or dynamic character?	
What does your character learn from their journey?	

Basic info

Name	
Age	
Nationality	
Place of residence	
Hometown	
Religion	
Job	
Economic status	
Social status	

Appearance

Skin color	
Hair color	
Eye color	
Face shape	
Body shape	
Weight	
Height	
Defining facial features	
Permanent accessories (like glasses, piercings, tattoos, etc.)	
Style preferences	
How does the character feel about their appearance?	
How do people treat the character based on their appearance?	

Health

Physical health	
Mental health	

Positive health habits	
Negative health habits	
Health history	

Background

What was the character's childhood like?	
What was the character's adolescence like?	
What is the character's most positive memory?	
What is the character's most negative memory?	
Are there any major changes between the character's past and current lifestyles?	

Relationships

Who does the character currently live with?	
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Who has the character lived with in the past?	
Favorite person	
Least favorite person	

Other characters in the story	Relationship with this character	Feelings toward this character

Personality and character thorns

Defining personality traits	
Most positive personality trait	
Most negative personality trait	
Personality thorn	
Why does this thorn inspire the character to action?	
What is the status of the character's thorn at the end of the story?	

Desires

What does the character want?	
Why is this important to them?	
What's standing in the way of them getting what they want?	

Character arc

The character's physical, emotional, and spiritual state at the beginning of the story	
Their state at the end	

Extra notes

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